

MENU

EDENS RAW JUICES

16 Oz

EDEN BREEZE

10.00

APPLE, CELERY, CUCUMBER, LEMON, CILANTRO, CAYENNE, PARSLEY, GINGER.
CLEANSING & REFRESHING – PERFECT FOR DETOXING.

CARROT APPLE

8.65

FATIGUE

8.50

CARROT, APPLE, LEMON.

MORNING PICK-ME-UP: ENERGIZE YOUR DAY!

DETOX

10.00

CARROT, APPLE, BEETS, LEMON.

FLUSH OUT TOXINS: NATURALLY REFRESHING.

CARROT CUCUMBER TWIST

9.50

CARROT, CUCUMBER, LEMON.

COOLING & HYDRATING: GREAT FOR SUMMER DAYS.

ORGANIC SMOOTHIES

16 Oz

AVOCADO ALMOND

9.50

AVOCADO, ALMOND NUT, HONEY, ALMOND MILK

RICH & CREAMY: ADD MCT OIL FOR AN EXTRA ENERGY BOOST!

PALM COAST IRON SMOOTHIE

9.50

MANGO, BANANA, SPINACH, ALMONDS, HONEY, CINNAMON, ALMOND MILK.

IRON-RICH: IDEAL FOR A NUTRIENT-PACKED BREAKFAST

STRAWBERRY WALNUTS DELIGHT

10.00

STRAWBERRIES, BANANAS, WALNUTS, ALMOND MILK.

SWEET & NUTTY: ADD A SHOT OF PROTEIN FOR JUST \$2

STRESS FREE

10.00

MANGO, PINEAPPLE, SPEARMINT, LIME, AGAVE NECTAR.

RELAX & UNWIND: A REFRESHING TROPICAL TREAT.

CHOCOLATE BANANA SANDBLAST

9.50

BANANA, 100% COCOA, ALMOND MILK, WITH OR WITHOUT SWEETENER.

INDULGENT & SATISFYING: ADD SEA MOSS FOR JUST \$2.

MANGO PISTACHIO

9.00

MANGO, PISTACHIO, COCONUT WATER.

EXOTIC & CREAMY: A DELIGHTFUL TROPICAL ESCAPE.

PALM COAST BLUES

10.00

KALE, BLUEBERRIES, DATES, VANILLA, LEMON, CASHEW, ALMOND MILK.

BRAIN BOOST: PERFECT FOR FOCUS AND CLARITY.

ORGANIC ACAI BOWL

ACAI OR ACAI SMOOTHIE BOWL

10.50

BLEND WITH BANANA, COCONUT WATER, SERVED IN A

BOWL, AND TOPPED WITH SLICED BANANA,

SUNFLOWER SEEDS, BLUEBERRIES, STRAWBERRIES,

CHAI SEEDS, AGAVE NECTAR OR RAW HONEY.

TOP SELLER: ADD EXTRA TOPPINGS FOR JUST \$2 EACH.

NON-GUILT DESSERTS

VEGAN CHEEZ CAKE

8.65

ALL SLICED DESSERTS SERVED WITH SEASONAL FRUITS.

INDULGE WITHOUT GUILT: THE PERFECT ENDING TO YOUR MEAL

SWEET POTATO BROWNIES

8.65

RICH & DECADENT: MADE WITH WHOLESOME INGREDIENTS

COFFEE & TEAS

ESPRESSO

4.00

MUSHROOM COFFEE

4.00

HERBAL TEA

4.00

ADD-ONS

SEAMOSS

2.00

PROTEIN

MCT OIL

FLAX SEEDS

WHEY PROTEIN

ELECTROLYTES

MACA (BLACK, RED OR YELLOW)

SPIRULINA

ACTIVE PRE WORKOUT

3.00

ACTIVE AMINO ACIDS

BLACK SEED

MORINGA

LIONS MANE MUSHROOM

9 IN 1 MUSHROOMS

Eden's Vegan Cafe



9 OLD KINGS RD N, UNIT 1, PALM COAST, FL 32137
(LOCATED INSIDE HERBAL CONNECTIONS HEALTH FOOD STORE)

386-693-4930



MON - SAT : 09:00 AM TO 7:00 PM

SUN : CLOSED

BREAKFAST

Eden's Avocado Toast

Two slices of gluten-free toast topped with house-made creamy avocado, black beans, juicy cherry tomatoes*, & crunchy sprouts.

\$13.99

FAVORITE OATMEAL

Heartwarming oats with cinnamon, banana, and chopped nuts.

\$8.50

BREAKFAST QUESADILLAS

Flaxseed tortillas stuffed with hummus, black beans, and creamy avocado*.

\$13.50

POLENTA BREAKFAST BOWL

Creamy polenta with sautéed Portobello mushrooms, onions, and tomatoes.

\$12.99

SANDWICHES & WRAPS

* Indicates organic ingredients. Sandwiches served with organic tomato, onion, greens, and your choice of gluten-free bread or wrap (Udi's or Ezekiel, subject to availability)

VEGAN HUMMUS WRAP

Homemade hummus, fresh vegetables.

\$16.50

SPRING ROLLS

Rice paper, fresh vegetables.

\$14.99

BLACK BEAN BURRITO

Onion*, zucchini*, garlic*, black beans* wrapped in a gluten-free wrap.

\$17.50

KRABLESS KAKE SANDWICH w/Salad

Chickpea* kake cakes on toasted Ezekiel buns, served with house wasabi sauce, sautéed onions, greens, tomato, and seaweed

\$22.00

BLACK BEAN BURGER w/Salad

Pickles*, sautéed portobello mushrooms*, greens*, Eden avocado*, sautéed onions, on a gluten-free bun or portobello mushroom*.

\$17.50

SPRING ROLLS or VEGGIE WRAP

Organic veggies with tahini or tamar dipping sauce.

\$16.50



SALADS & SOUP

BUILD YOUR OWN SALAD

\$13.99

KALE AVOCADO SALAD

Raw kale*, avocado*, sundried tomato*, olive oil*, balsamic vinegar*, house-made seasoning.

\$16.50

SPINACH SALAD

Topped with sundried tomato, rosemary, green onions*, and select herbs & spice dressing.

\$12.50

SOUP OF THE DAY - 16 OZ

\$9.50

Daily selection made using the freshest organic ingredients. Served with Chef's choice of Avocado Soup, Carrot Soup, Cucumber Soup, or Tomato Soup.

